

Name of Student _____

Grade _____



October 2017

Sandwich Option Daily
PB/Jelly Optional



LUNCH \$2.25 per day
Milk \$.50 per serving
Milk Served with All Meals

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| <p>2</p> <p>Grilled Chicken Teriyaki, Scalloped Potatoes, Green Beans, Peas, ww Bread Sandwich</p> <p>PACK PACK w/milk</p> | <p>3</p> <p>Ham & Cheese Pretzel Sandwich, Sweet Potatoes, Corn Oranges Sandwich</p> <p>PACK PACK w/milk</p> | <p>4</p> <p>Beef-A-Roni in Meat Sauce, Peas, Carrots, Pineapples, ww Italian Bread Sandwich</p> <p>PACK PACK w/milk</p> | <p>5</p> <p>Popcorn Chicken, Mac & Cheese, Broccoli, Peas, Apple Slices Sandwich</p> <p>PACK PACK w/milk</p> | <p>6</p> <p>Toasted Cheese Sandwich on wg Bread, Egg Halves, Tomato Soup, Carrots, Bananas Sandwich</p> <p>PACK PACK w/milk</p> |
| <p>9</p> <p>No School</p>  <p>Columbus Day</p> | <p>10</p> <p>WG Pancakes, Sausage Patty, Potato Coins, Carrots Oranges Sandwich</p> <p>PACK PACK w/milk</p> | <p>11</p> <p>Chicken Fajitas w lettuce & Salsa, Baked Black Beans Corn, Peaches Sandwich</p> <p>PACK PACK w/milk</p> | <p>12</p> <p>Build-A-Burger on ww Roll Potato Wedges, Baked Beans Mixed Fruit Sandwich</p> <p>PACK PACK w/milk</p> | <p>13</p> <p>Fish Stix, Smiley Fries Broccoli, Strawberries Sandwich</p> <p>PACK PACK w/milk</p> |
| <p>16</p> <p>Hot Dog on ww Roll, Baked Beans, French Fries, Applesauce Sandwich</p> <p>PACK PACK w/milk</p> | <p>17</p> <p>Spaghetti & Meatballs in Sauce, Garden Salad, Green Beans, Pineapples Sandwich</p> <p>PACK PACK w/milk</p> | <p>18</p> <p>Hard Shell Tacos w Lettuce & Salsa, Refried Beans, Corn Melons Sandwich</p> <p>PACK PACK w/milk</p> | <p>19</p> <p>Pulled Pork BBQ on ww Roll, Coleslaw Carrots, Mixed Fruit Sandwich</p> <p>PACK PACK w/milk</p> | <p>20</p> <p>Pizza on ww Crust Broccoli, Garden Salad, Grapes Sandwich</p> <p>PACK PACK w/milk</p> |
| <p>23</p> <p>Roasted Chicken w Gravy, Mashed Potatoes, Green Beans, Applesauce, ww Roll Sandwich</p> <p>PACK PACK w/milk</p> | <p>24</p> <p>Rice Bowls w/ Chicken or Beef, Black Beans, Corn Melons Sandwich</p> <p>PACK PACK w/milk</p> | <p>25</p> <p>Chicken Nuggets Sweet Potatoes, Corn Peaches, ww Bread Sandwich</p> <p>PACK PACK w/milk</p> | <p>26</p> <p>Hot Dog on ww Roll Mashed Potatoes, Sauerkraut, Applesauce Sandwich</p> <p>PACK PACK w/milk</p> | <p>27</p> <p>Harvest Festival PB&J on wg Bread, Broccoli, Carrots, Goldfish Pretzels, Fruit Sandwich</p> <p>PACK PACK w/milk</p> |
| <p>30</p> <p>Turkey & Cheese Wrap w/ Lettuce, Chicken Corn Soup, Peas, Mixed Fruit Sandwich</p> <p>PACK PACK w/milk</p> | <p>31</p> <p>Walking Tacos w/Lettuce & Salsa, Refried Beans Corn, Melons Sandwich</p> <p>PACK PACK w/milk</p> |  | | |

WW - Whole Wheat

WG - Whole Grain

